

# ST. JOSEPH'S NEWSLETTER

## March 2022



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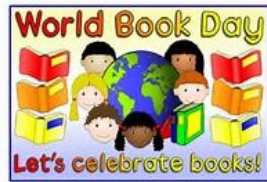


### Did You Know?

Welcome to the third month of the year—or, if you were born before 150 B.C., the first! According to the oldest Roman calendars, one year was ten months long, beginning in March and ending in December. It may sound crazy, but you can still see traces of this old month-naming system in our modern calendar: because December was the tenth month, it was named for the number ten in Latin (*decem*), just like September was named for seven (*septem*). So, what about January and February? They were just two nameless months called “winter,” proving that winter is literally so awful it doesn't even deserve a spot on the calendar.

### World Book Day

This Thursday 3<sup>rd</sup> March, St. Joseph's will be taking part in the celebrations for World Book Day. Pupils are invited to come to school dressed as a character from a book/story they have read or heard. Pupils may also bring a copy of their favourite book or story with them to share on the day.

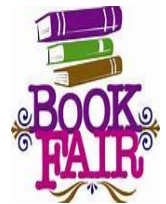


You can join us in building your child's enthusiasm for books well beyond World Book Day by reading together regularly and joining your local library if you are not yet members. For more information about World Book Day and ideas on sharing books at home, visit <https://www.worldbookday.com/families/>

Children are never too young to start their journey with books, and the benefits of reading are enormous—so we hope, like us, you will use World Book Day to celebrate it with your child.

### Spring Book Fair

Scholastic Book Fair will be here from Thursday 24<sup>th</sup> - 31<sup>st</sup> March. All pupils will get two visits with their class. Each pupil will be given a £1 book token to spend on books costing £2.99 or above. The school receives a generous commission from sales during the book fair which is then invested into purchasing reading resources.



Parents are welcome each morning until 9.30am and afternoon from 2 - 3.30pm. We appreciate your



continued support.

### ST PATRICK'S DAY

Our St Patrick's Day Celebration will be on Wednesday 16<sup>th</sup> March 2022. It is a non-uniform day and pupils are asked to wear something green to celebrate our patron saint.



**We kindly ask for a £1 donation per child which will go directly to our Trocaire Lenten appeal.** Fingers crossed, next year we will be able to get back to putting on our St. Patrick's Day Concert for parents.

**School will be CLOSED on Thursday 17<sup>th</sup> & Friday 18<sup>th</sup> March**

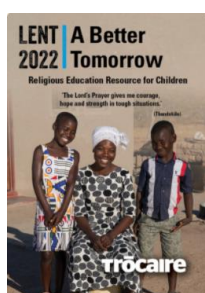


## LENT

Pope Francis' message for Lent 2022 invites us to sow seeds of goodness



Pope Francis based his [Message for Lent 2022](#) on a passage from St Paul's Letter to the Galatians, "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all" (6:9-10).



Lent begins this Wednesday 2<sup>nd</sup> March. Children will receive their ashes at a special prayer service in the school. The Trocaire campaign theme this year is 'A Better Tomorrow'. Each class will be doing a special fundraiser during Lent

for this appeal.

**You can view our latest Online Safety Newsletter for March on our website at**

<https://www.stjosephspsmeigh.org/cmsfiles/items/securedocs/OnlineSafetyNewsletterMar2022St.Josephs.pdf>



Online Safety Newsletter March 2022

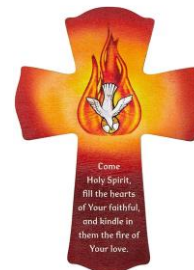


### Cash for Clobber

Doing a spring clean? Please send any of the above into school in a plastic bag by XXXXXX and we will recycle them for you. The school will receive a financial reward in the process. Thank you for your support.



## Confirmation



Our Primary 7 pupils are busy preparing to receive the Sacrament of Confirmation on Saturday 2<sup>nd</sup> April. We are honoured to welcome Bishop Michael Router, Auxiliary bishop of Armagh to officiate at this memorable milestone on our children's spiritual journey.

### Fr. Clyne

As you may know, Fr. Clyne recently underwent surgery for a hip replacement. Thankfully all has went well and he is now back home recuperating. We couldn't believe it when he walked into the school the day after his release from care to say hello and how much he missed visiting the school. Please keep him in your prayers because he truly is a remarkable person.

### Polling Station – Heads Up

The school will be closed for pupils on Thursday 5<sup>th</sup> May 2022 as it will be used as a Polling Station for Assembly elections.

### Cumann Na Mbunscol

We are delighted that the GAA primary schools football competition is back up and running. Boys and Girls from P6 & P7 will be attending after school training on Tuesday afternoons with Mr McVerry - (Mullaghbawn hasbeen), Mr O'Neill - Killeavy stalwart and Miss Grainne Boylan - Armagh legend. Over the coming weeks they will play Silverbridge, Dromintee, Cullyhanna and Forkhill. Their opening match is against parish rivals St Michaels, Killean this Thursday 3<sup>rd</sup> March at McKeever Park. Rumour has it that Mr McVerry was looking sponsorship to book himself into the Carrickdale Hotel citing that it was an away fixture and that a top flight manager like himself should be afforded such pampering.



### Pupil Wellbeing

Primary 4-6 pupils completed their Gimme 5 Wellbeing Programme facilitated by Gina McKnight from the EA Youth Service. By all accounts the children fully enjoyed the variety of activities on offer over each of the five weeks. Gina couldn't praise our children highly enough for their manners, participation and all round courtesy and kindness towards her and eachother.



Next up for our pupil wellbeing programme is all pupils from P1-7 participating in a 6 week programme of Relax Kids with local facilitator Joanne Callan starting this Thursday.

### SWIMMING



Swimming lessons have resumed for the first time in two years. Our Primary 5 class have begun their 8 week block at Newry Swimming pool and will be

followed by our Primary 6 pupils in Term 3. Unfortunately due to time constraints and pool timetables, our P7's will not be able to avail this year.

### Roots of Empathy

The Primary 4 pupils are so enjoying their Roots of Empathy programme with baby teacher Croía and there is always a sense of excitement and anticipation on visit day. So far they have been introduced to Croía, had a session on caring for baby and the last one was on crying and planning. We are so grateful to Mrs Fearon and Ms Moley for the implementation of this brilliant programme.



### PE Days

As much as our children love to wear their PE uniform (as it is lovely and comfortable) we are noticing increasing numbers of children wearing it when they are not permitted to. Our school rule is that PE uniforms are only worn on class PE day with the only exception being if they are participating in an afterschool sport. Thank you for supporting our school rules pertaining to this matter.

P1 – Wednesday

P2 – Tuesday

P3 – Wednesday

P4 – Tuesday

P5 – Tuesday (Swimming) & Thursday

P6 – Friday x 6 weeks then revert to Thursday

P7 – Friday

On occasion days will be swapped but teachers will inform pupils of this.

### MARCH BIRTHDAYS

*Tomas O'Hare, Harry Harte, Alana Mullen, Roise Fearon, Isla Savage, Emma Carr, Cormac Fearon (P5), Cillian Cromie, Alannah Donnan, Eoin Murphy, Karl O'Hare, Marsas Petronis*

*A BIG HAPPY BIRTHDAY TO ALL!*

### Dates for Your Diary

24 <sup>th</sup> - 31 <sup>st</sup> March	Scholastic Book Fair at school for one week!
16 <sup>th</sup> March 	St Patrick's Day Concert <b>Wear Green</b> €1 donation for Trocaire Lenten Appeal
17 & 18 <sup>th</sup> March	<b>School closed</b>
2 <sup>nd</sup> April	Confirmation 12noon St. Joseph's Church
14 <sup>th</sup> April Holy Thursday	Easter Holidays <b>CLOSE at 11.45 am</b> No Breakfast Club, Dinners or After School Wraparound Care

## School Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 3/1 31/1 28/2 28/3 25/4	Breaded Fish Fingers Or Spaghetti Bolognaise  Baked Beans Medley of Fresh Vegetables Mashed Potato  Fresh Fruit Selection and Yoghurt	Breast of Chicken Curry & Rice, Naan Bread Or Steak Burger  Baton Carrots Gravy Mashed Potato Salad Selection  Jelly Pot, Fruit or Yoghurt	Homemade Breaded Chicken Goujons Or Spicy Chicken in a Warm Tortilla wrap  Sweetcorn, Hot Pasta Twists Mashed Potato Salad Selection  Vanilla Ice Cream Tub & Fruit	Roast Chicken Or Roast Beef  Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato, Oven Roast Potato Chocolate Muffin, Fruit or Yoghurt	Hot Dog Or Homemade Margherita Pizza  Peas Tossed Salad Chips Mashed Potato  Flakemeal Biscuit, Fruit or Yoghurt
<b>WEEK 2</b> 10/1 7/2 7/3 4/4	Steak Burger Or Pasta Twists with homemade Tomato sauce and Sliced Chicken  Gravy, Broccoli Florets Fresh Baton Carrots Mashed Potato Shortbread Biscuit, Fruit or Yoghurt	Homemade Margherita Pizza Or Breast of Chicken Curry with Boiled Rice & Naan Bread  Sweetcorn Pasta Twists Salad Selection  Fresh Fruit Selection and Yoghurt	Fresh Breaded Fish Goujons Or Chicken Crumble  Baked Beans Garden Peas Mashed Potato Salad Selection  Jelly Pot, Fruit or Yoghurt	Roast Breast of Chicken Or Savoury Mince  Traditional Stuffing Gravy, Cauliflower Cheese Fresh Diced Carrots, Mashed Potato, Oven Roast Potato  Muffin, Fruit or Yoghurt	Chicken Nuggets Or Baked Potato with Chicken & Cheese  Sweetcorn Chips Baked Potato Salad Selection  Ice Cream Tub with Fresh Fruit
<b>WEEK 3</b> 17/1 14/2 14/3 11/4	Breaded Fish Fingers Or Pasta Bolognaise  Baked Beans Sweetcorn Garden Peas Mashed Potato  Flakemeal Biscuit, Fruit or Yoghurt	Homemade Salt & Chilli Or Traditional Chicken Goujons Or Mac & Cheese  Broccoli Florets Mashed Potato Salad Selection  Raspberry ripple Ice Cream Slice Fresh Fruit Chunks	Oven Baked Sausage Or Sweet & Sour Chicken with Rice  Garden Peas Baton Carrots, Mashed Potato Baby Boiled Potatoes  Fresh Fruit Selection and Yoghurt	Roast Turkey Or Salmon fish cake  Traditional Stuffing Gravy, Fresh Carrot / Parsnip Mashed Potato, Oven Roast Potato  Jelly Pot, Fruit or Yoghurt	Steak Burger in Bap Or Homemade Lasagne  Sweetcorn & Peas Chips, Mashed Potato Salad Selection  Strawberry Mousse & Fresh Fruit Salad
<b>WEEK 4</b> 24/1 21/2 21/3 18/4	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Sausage  Baton Carrots Garden Peas Gravy Mashed Potato  Fresh Fruit Selection and Yoghurt	Spaghetti Bolognaise Or Fresh Breaded Fish Fillets  Broccoli & Cauliflower Florets Mashed Potato  Jelly Pot, Fruit or Yoghurt	Roast Breast Chicken Or Brown Stew  Traditional Stuffing Gravy, Diced Turnip Fresh Baton Carrots Mashed Potato, Oven Roast Potato  Chocolate Muffin, Fruit or Yoghurt	Homemade Salt & Chilli Or Traditional Chicken Goujons Chicken Tortilla Wraps  Baked Beans Sweetcorn, Salad Selection Mashed Potato  Flakemeal Biscuit, Fruit or Yoghurt	Homemade Margherita Pizza Or Fish finger  Sweetcorn Traditional Champ Chips Salad Selection  Ice Cream Tub with Fresh Fruit

Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily

Rice, Pasta,  
Noodles, Potatoes  
and Gravy can be  
served Daily

If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form

Menu choices subject to deliveries



Fresh Fish May Contain Bones

## School Holiday Planner 2021/22

School Name: St Joseph's P.S., Meigh

2021/22	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T		
August	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31									
September				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							
October					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
November		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30									
December				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
January						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
February			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28										
March			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
April					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
May	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31									
June			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30								
July					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					

	Pupil and Staff Holidays
	Teaching Days
	Baker Days (Pupils off)
	School Development Days (Pupils off)
	Early Finish

Sept. to Halloween = 9 weeks  
 Halloween to Christmas = 7 weeks  
 Christmas to Feb. Mid-Term = 6 weeks  
 Feb. Mid-Term to Easter = 6 weeks  
 Easter to Summer = 11 weeks

**Notes:**  
 Holidays may change to meet the changing needs of the School